

## **The Reiki Professional Training 5-Day Workshop Curriculum includes:**

### **Practical Reiki Levels 1-3 (Master)**

**(Regular price \$400 – included with program registration)**

Practical Reiki is a user-friendly, simple and strong Reiki modality distinguished by these characteristics:

- There are no symbols.
- There are no hand positions. The hands-on treatment involves placing hands on or over the recipient and letting the energy flow where it is needed. Distance healing involves simply intending the energy to go to the recipient, holding the hands facing each other, and letting the energy flow until it stops (usually about 5 minutes).
- Can easily be combined with any other technique.
- Ideal for nurses to incorporate into their regular patient care without extra steps, ritual or time.
- A treatment typically takes about 5 minutes. The energy actually stops flowing when it's done. The recipient, however, may feel the energy continue for up to an hour.

Hands-on training, practice opportunities, and personal support are integrated throughout this powerful experience! Everyone will become empowered to easily access Reiki energy and integrate it into his or her life. This isn't a typical Reiki class.

You'll learn these essentials and more:

- The heart of Reiki – what's under the hood – what it is, how it works
- How your intuition works and how to recognize it in action
- How to exercise and strengthen your intuition
- Intention and Attention – the powerhouses of energy work
- Chakras – why they're important and how they work
- Self healing, healing for others, distance healing, clearing a room, relationship healing and Situation/Qualities healing
- The Practical Reiki Cleansing self-healing
- Location, DNA, Birth Trauma, healing for emotional scarring, Causal Healing, and Chakra Balancing healings
- How to give attunements
- Ethical considerations, energetic protection, and essential things energy healers must know

***Practical Reiki* text and *The Practical Reiki Companion Workbook* are included for each student**

**Alice Langholt, your teacher, offers every student support for life for your confidence and success with Practical Reiki.**

### **Practical Reiki Instructor Training**

**(Regular price \$397, included with program registration)**

**Increase your income** and help **empower others** as a Practical Reiki Instructor. This class will give you the techniques to:

- Explain Reiki in a clear, coherent way
- Understand and utilize the important tricks and techniques for being an excellent teacher
- Teach students of any level of experience, together in a class
- Help students immediately feel and recognize energy
- Give in-person attunements to a small or large group of students
- Manage class time effectively

You will learn important teaching techniques that will empower you to teach Practical Reiki clearly and confidently!

This class gives you both **important instruction** and **hands-on practice** with **valuable feedback** from fellow students and Master Teacher, Alice Langholt. You'll leave the training prepared and confident. After completing this training, you'll receive the benefit of being an **RAA Certified Practical Reiki Instructor** with a Recommended listing on the RAA website.

This training includes a **PR Teacher Pack** which includes:

- A PR Instruction Power Point for organizing each lesson
- PR Certificate Template you can use to award official certificates to your students
- A Recommended listing on the RAA Practical Reiki Instructor page
- An official **Practical Reiki Certified Instructor** badge for your promotional materials and website
- Discounts on bulk orders for books
- Suggested pricing for your classes, texts, workbooks, and more

**Additional Certification included (Regular price \$100, included with program registration):**

Become an **Ohio Board of Nursing Approved Instructor** to teach **Practical Reiki for Nurses and Caregivers** to nurses, LMTs and caregivers and be able to **award 8 CEs!** With this training, you can offer the Practical Reiki for Nurses & Caregivers course in hospitals, health care facilities of all kinds, massage schools, wellness centers, and more! As an approved instructor, you'll be able to give RNs, and LMTs, and other health professionals 8 continuing education hours that they need for keeping up their license!

**CEs are offered via the Ohio Board of Nursing, and are accepted for nurses & LMTs in most US states.**

**In addition to everything above,** this add-on class will give you:

- Specialized curriculum & companion manual for nurses & caregivers
- The forms you need to be officially approved by the Ohio Board of Nursing as a CE provider

- Submission of your information to the OBN and all info on conducting your classes.

**The Business of Healing Series      (Regular price \$125, included with program registration)**

A powerful series on how to help people, and create a successful business doing so. Receive down-to-earth, specific instruction to prepare you to transform your healing and teaching practice your career instead of a hobby that you do “on the side”.

The Business of Healing 101

- Creating a website and making it work for you
- How to receive payments with paypal, credit cards and other means
- designing business cards, flyers, and the most strategic ways to get the most bang for your buck with advertising
- Blogging effectively

The Business of Healing 201

- Twitter, Facebook, LinkedIn, Pinterest: How to engage social media to make an impact
- Using YouTube to spread your message
- How to become a resource – article writing and submitting
- Creating and sending newsletters
- Guest blogging and how it can pump up your list

The Business of Healing 301

- Networking locally and beyond - the power it gives your practice
- Effective and ethical business practices
- Common sense things that are often missed – professional practices that place you above the rest
- Musts - legal documents, insurance, taxes

Register at [ReikiProfessionalTraining.com](http://ReikiProfessionalTraining.com)

Course created and taught by Alice Langholt, MJS, B. Msc., Reiki Master Teacher, author, and Executive Director of Reiki Awakening Academy School of Intuitive Development ([ReikiAwakeningAcademy.com](http://ReikiAwakeningAcademy.com))